A Template for Describing Individual Differences in Repeated Measures Data, with Application to the Connection between Learning and Ability

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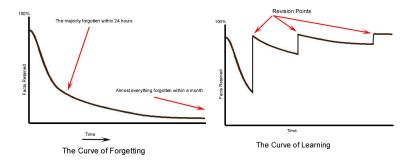
> > June 18, 2010

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## Learning, Forgetting, Reminiscence

From decades of experimental research, it is well known that learned material is forgotten very quickly unless it is rehearsed

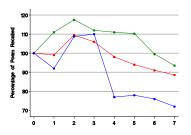
Rapid and immediate forgetting is almost universal



### Learning, Forgetting, Reminiscence

#### Ballard, 1913, a classic study

- 5,192 school children learned lines from "Rhyme of the Ancient Mariner"
- Immediate recall: Children wrote as many lines as they could remember
- Delayed recall: Re-tested one to seven days later
- Approx 50% of the sample recalled more after several days than they did at the initial test



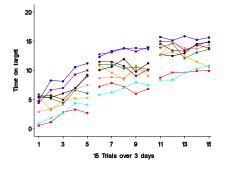
Percentage of lines of poem recalled, 1 - 7 days after initial learning Scaled so pre-test is 100%

Reminiscence - unrehearsed improvement in memory after a delay

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## Learning, Forgetting, Reminiscence

- Ballard's demonstration of reminiscence effects sparked wide interest
- Pervasive effect
  - Found using nonsense syllables, 3-letter digits, abstract words, prose, pictures of objects and people
  - Occurs in younger and older learners, in depressed and nondepressed samples, high and low IQ, extroverts.



In this project: investigate reminiscence effects in the pursuit rotor task

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Each day, 25 trials of 20 seconds, summarized into 5 trial blocks, 5 blocks per day

## Some Subjects are Reminiscers, Some are Not

Reminiscence is ... Acquired skill? Inborn ability? Personality trait? A fluke?

- Can it be taught?
- Which characteristics are associated with it?

Most studies investigating reminiscence are based on comparison of means

- Mean comparisons are a problem because reminiscence is a characteristic of individuals who either improve without active practice or do not
- Averages conceal the strong individual differences in the effect

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# RCM in the Study of Individual Learning and Change

The random coefficient model RCM is ideal for individual differences in learning

Most important feature of the RCM:

It is a subject-specific model focused on individual patterns of change

- Gracefully handles diverse measurement designs, functional forms, betweenand within-subject variability
- Major improvement over statistical models that are mean-focused where individual differences are averaged over

Aim 1 of this work: Use RCM to describe individual learning and study reminiscence in pursuit rotor data

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# RCM in the Study of Individual Learning and Change

Considerable enthusiasm for the RCM because of the subject-specific focus

- However in fact, subject-specific capabilities of RCM get <u>short shrift</u> Def'n <u>short shrift</u>: "brief and unsympathetic treatment"
- Strange practice: Praise model as ideal for studying individual change But in practical research ignore the individuals and analyze the means
- Why do we avoid studying individuals, even with a SS model?
  - Harder than analyzing means
  - Has more subjective decisions than does the analysis of means
  - But (according to all textbooks) significant return on statistical investment

Aim 2 of this work: Suggest a preliminary EDA-type procedure in conjunction with the RCM to study individual differences in repeated measures data

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# Thurstone (1919) "The Learning Curve Equation"

#### Presented a disciplined, preliminary EDA-type procedure

- Consistent focus on individual learning functions
   Accumulated from individual analyses, generalized to broad themes
- Examined many alternative functions, more than 40, before picking one Used a model that worked well with the learning data that he studied
- Imposed strict criteria for inclusion and exclusion of participants
   83 students initially, but 32 (39%) excluded
   20 for missing sessions, 3 for variable responding, 9 unusual learning curve

#### Goal of the study was to describe a typical subject

• Identified representative learners who learned in a characteristic way

"We have eliminated 12 out of 63 complete records. Generalizing from this fact we may conclude that [function for this problem works] in about four cases out of five. This justifies our reference to it as the typical but not as the universal form of learning curve"

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#### Thomas Bouchard's incomparable study of twins reared apart

Adult twins, plus some family members and close associates

- Separated early in life, reared in adoptive families, reunited in adulthood
- $\bullet~{\sf N}=176$  adults, 63 men and 113 women, 18 to 77 years old

Data for this work selected from a larger archive

- Learning task: Standard pursuit rotor apparatus, 3 30 minute sessions, 5 trials over 3 days
- Covariates: 37 cognitive ability tests, used to explain individual difference in learning on the pursuit rotor task

Twin project primarily for behavior genetics; however sample has been used to investigate substantive questions in measurement and statistics

Goal is to represent individual learning on the pursuit rotor

- Initially, use EDA procedures to plot individual data and candidate functions in trellis displays
- Designed to work toward a full RCM
- In both phases, the function should provide a good fit for the majority of individuals

For EDA, use nonlinear least squares for "individual-specific regressions" (Davidian & Giltinan)

- Different functions work better for some individuals than others and there are lots of learning styles
- Goal is to decide on a function that is most appropriate for the largest number of individuals

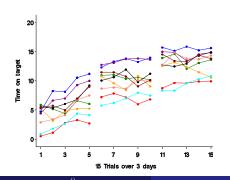
Modern statistical software makes it easy to fit the functions and do the graphs

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Model for person *i*, occasion *j*, based on trial  $x_{ij}$  and parameters  $\theta_i$ 

$$y_{ij} = f(\theta_i, x_{ij}) + e_{ij}$$

First four candidates ignore the structure of trials within days for simplicity



1 Linear

$$f_j = \beta_0 + \beta_1 x_j$$

2 Exponential  $f_j = \beta_f (1 - \exp(-\eta x_j))$ 

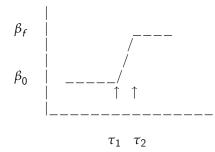
**3** Logistic

$$f_j = \frac{\beta_0 \beta_f}{\beta_0 + (\beta_f - \beta_0) \exp(-\eta x_j)}$$

Image: A math a math

4 Three continuous linear segments with unknown knots

$$f_{j} = \begin{cases} \beta_{0} & x_{j} \leq \tau_{1} \\ \beta_{0} + \frac{\beta_{f} - \beta_{0}}{\tau_{2} - \tau_{1}} (x_{j} - \tau_{1}) & \tau_{1} < x_{j} \leq \tau_{2} \\ \beta_{f} & \tau_{2} < x_{j} \end{cases}$$



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5 Three discontinuous linear segments, one for each day

$$f_{j} = \begin{cases} \alpha_{0} + \alpha_{1}x_{j} & 1 \le x_{j} \le 5\\ \beta_{0} + \beta_{1}x_{j} & 6 \le x_{j} \le 10\\ \gamma_{0} + \gamma_{1}x_{j} & 11 \le x_{j} \le 15 \end{cases}$$

Define  $\rho_1$  and  $\rho_2$  to be the difference in performance between days 1 and 2, and between days 2 and 3.  $\rho_1$  and  $\rho_2$  are reminiscence effects under the model.

$$\begin{aligned} \rho_1 &= \beta_0 + \beta_1 x_1^* - (\alpha_0 + \alpha_1 x_1^*), \ x_1^* &= 5.5 \\ \rho_2 &= \gamma_0 + \gamma_1 x_2^* - (\beta_0 + \beta_1 x_2^*), \ x_2^* &= 10.5 \end{aligned}$$

Re-write the function to include  $\rho_1$  and  $\rho_2$ .

$$f_{j} = \begin{cases} \alpha_{0} + \alpha_{1}x_{j} & 1 \le x_{j} \le 5\\ \alpha_{0} + \alpha_{1}x_{1}^{*} + \rho_{1} + \beta_{1}(x_{j} - x_{1}^{*}) & 6 \le x_{j} \le 10\\ \alpha_{0} + \alpha_{1}x_{1}^{*} + \rho_{1} + 5\beta_{1} + \rho_{2} + \gamma_{1}(x_{j} - x_{2}^{*}) & 11 \le x_{j} \le 15 \end{cases}$$

#### Individual-specific Regressions

$$y_{ij} = f(\boldsymbol{\theta}_i, x_{ij}) + \boldsymbol{e}_{ij}$$

Fit functions to every individual by least squares and record whether the procedure converges

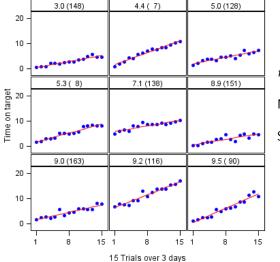
• If usable solution, then calculate individual mean square residual,

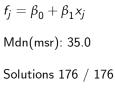
$$MSR_i = n_i^{-1} \sum_j (y_{ij} - f_{ij})^2$$

- Record overall measure of fit  $mdn(MSR_i)$
- Judging success by number of individuals reasonably well fit often preferable to an overall goodness of fit test

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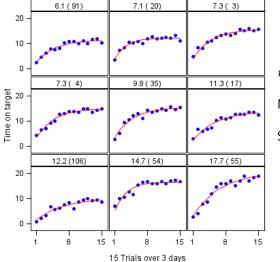
## Linear





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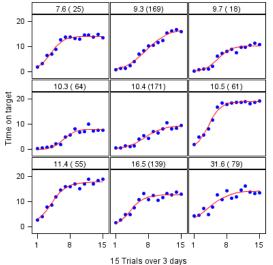


$$f_j = \beta_f (1 - \exp(-\eta x_j))$$
  
Mdn(msr): 26.9  
Solutions 162 / 176

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## Logistic



$$f_j = \frac{\beta_0 \beta_f}{\beta_0 + (\beta_f - \beta_0) \exp(-\eta x_j)}$$

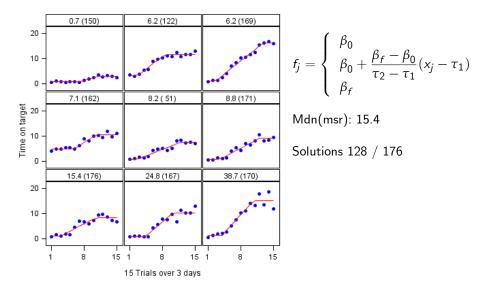
Mdn(msr): 17.1

Solutions 170 / 176

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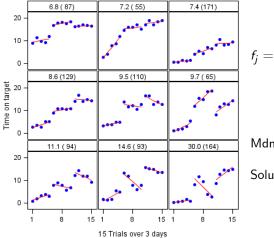
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### Three-phase Spline, Continuous, Unknown Knots



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### Three-phase Spline, Discontinuous, Reminiscence Effects



$$\begin{cases} \alpha_0 + \alpha_1 x_j \\ \alpha_0 + \alpha_1 x_1^* + \rho_1 + \beta_1 (x_j - x_1^*) \\ \alpha_0 + \alpha_1 x_1^* + \rho_1 + 5\beta_1 \\ + \rho_2 + \gamma_1 (x_j - x_2^*) \end{cases}$$

Mdn(msr): 7.3

Solutions 176 / 176

# Which Function?

Function (5) seems best among contenders

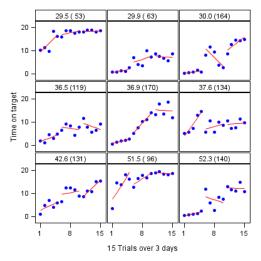
- From graphs it is appropriate for large majority
- Converged solution for all and had best  $mdn(MSR_i)$
- Includes parameters for reminiscence effects
- NB: Function (5) is not universally superior Each function works best for some

As always, tremendous individual differences in learning patterns

| Function                  | # parms | N*  | MSR  |
|---------------------------|---------|-----|------|
| (1) Linear                | 2       | 176 | 35.0 |
| (2) Exponential           | 2       | 162 | 26.9 |
| (3) Logistic              | 3       | 170 | 17.1 |
| (4) 3 segments, contin.   | 4       | 128 | 15.4 |
| (5) 3 segments, discontin | 6       | 176 | 7.3  |

# Poorest Fits to (5)

Poor fits often diagnostic about whether a function is really appropriate Anomalies? Outliers? Latent classes? Different functions?



#164: Strong reminiscence effects, deterioration in active practice

#53: 10 second improvement after trial 3, then near-perfect performance

#170: Beautiful linear improvement, then inconsistent performance

Overall, relatively few poor fits, and no major surprises

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### RCM for the Rotor Pursuit Data

Full RCM model has features unavailable with individual-specific regressions

- But still want to maintain subject-specific perspective
- Function (5) is nonlinear in form but linear in the random effects, so the RCM setup is straightforward
- With  $\boldsymbol{\theta}_i = (\alpha_{i0}, \alpha_{i1}, \rho_{i1}, \beta_{i1}, \rho_{i2}, \gamma_{i1})$ , model for an individual is

$$\mathbf{y}_i = \mathbf{X} \boldsymbol{\theta}_i + \mathbf{e}_i$$

$$\{\mathbf{X}\}_{j.} = \begin{cases} (1, x_{ij}, 0, 0, 0, 0) & 1 \le x_{ij} \le 5\\ (1, x_1^*, 1, (x_{ij} - x_1^*), 0, 0) & 6 \le x_{ij} \le 10\\ (1, x_1^*, 1, 5, 1, (x_{ij} - x_2^*)) & 11 \le x_{ij} \le 15 \end{cases}$$

Standard assumptions:  $\theta_i \sim N(\theta, \Phi_{\theta\theta})$  and  $\mathbf{e}_i \sim N(\mathbf{0}, \Psi_e)$ ,  $\Psi_e$  is diagonal.

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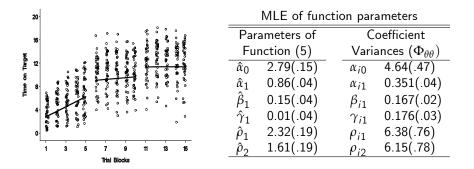
#### Estimates of the RCM

•  $\hat{lpha}_1=$  0.86,  $\hat{eta}_1=$  0.15: Improvement under practice day 1 and day 2

•  $\hat{
ho}_1=$  2.32,  $\hat{
ho}_2=$  1.61: Reminiscence effects after day1 and day2

•  $\hat{\gamma}_1 =$  0.01,  $V(\gamma_{i1}) =$  0.176: Day 3 n.s., but individual slopes vary

Plot of typical values, a subject with coefficients at estimates



Learning the pursuit rotor is not a unitary process

- Lots of complicated individual differences in learning style
- Is learning this laboratory task an independent, distinct skill?
- Are any specific abilities associated with it?
- Can any variable account for IDs on reminiscence? (a 100 year old question)

Now include in 5 latent variables to try to explain learning on this task

- Memory, Spatial, Object Rotation: Seemingly relevant to skill acquisition
- Verbal and Quantitative: Generally important in ability research
- Age as a single MV: Because pursuit rotor is a performance task

|     | Latent Variables |   |   |     |   |   |  |
|-----|------------------|---|---|-----|---|---|--|
|     | Memory           | nory Spatial Verbal Quantitative Rotation |   | Age |   |   |  |
| MVs | 4                | 3   | 3 | 3   | 4 | 1 |  |

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## Sketch of Expanded Model

Factor analysis model for ability tests

 $\mathbf{z}_i = \Lambda \mathbf{f}_i + \mathbf{d}_i$   $\mathbf{f}_i$  factors  $\mathbf{d}_i$  residuals

RCM for repeated measures on the learning task

 $\mathbf{y}_i = \mathbf{X} \boldsymbol{\theta}_i + \mathbf{e}_i \qquad \boldsymbol{\theta}_i \text{ coefficients} \qquad \mathbf{e}_i \text{ residuals}$ 

Typically with the RCM, covariates make up Level 2 regression

 $\boldsymbol{\theta}_i = \boldsymbol{\theta} + \Gamma \mathbf{f}_i + \mathbf{u}_i$ 

In exploratory studies, often best to simply examine the covariance matrix

 $\Phi_{f\theta} = cov(\mathbf{f}_i, \boldsymbol{\theta}_i')$ 

## Connecting Learning and Ability

- Some moderate correlations between intercept and slope of day 1
- No connection to slopes on day 2 and 3
- No evidence that reminiscence is correlated with traditional abilities.

|                 | Regression Coefficients |               |              |               |             |             |
|-----------------|-------------------------|---------------|--------------|---------------|-------------|-------------|
| Ability Factors | $\alpha_{i0}$           | $\alpha_{i1}$ | $\beta_{i1}$ | $\gamma_{i1}$ | $\rho_{i1}$ | $\rho_{i2}$ |
| Memory          | .26                     | .01           | .13          | 22            | .15         | .14         |
| Spatial         | .30                     | .30           | .06          | 03            | .23         | .05         |
| Verbal          | 01                      | .04           | 07           | 03            | .06         | .07         |
| Quant           | .01                     | .13           | .06          | .06           | .13         | 02          |
| Rotation        | .40                     | .25           | .11          | .05           | .16         | .00         |
| age             | 36                      | 34            | 11           | 02            | 23          | .05         |

Correlations between ability LVs and learning the pursuit rotor

Aim 1: Substantive - Study connections between ability and learning pursuit rotor

- Topics like this are a major activity in differential psychology, and representative of similar research enterprises
  - General ability and performance in school
  - General health and specific disease progression

For the ability/learning connection, only modest payoff on this aim

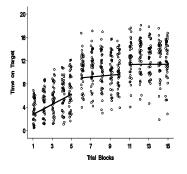
- Medium correlation between initial learning and spatial, image rotation and age
- If laboratory learning is not a component of general ability, what is it?
- If reminiscence is not an ability, what is it? It has significant IDs.
- Maybe other covariates personality characteristics, motivational factors would be more predictive

At the least, making reminiscence part of a function is a better way to measure it than just subtracting scores between adjacent periods.

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Aim 2: Methodological - Recommend an EDA-type procedure together with the RCM to study individual differences in repeated measures data

Subject-specific capabilities of the RCM and rich individual differences tradition in the social sciences have not been investigated much.



The function of the typical values shows a beautiful learning pattern over days

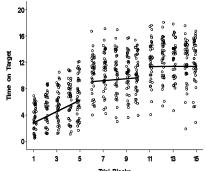
 $D_1$ : Practice and improvement  $D_1$ : Effortless (magic) boost from reminiscence

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 $\mathsf{D}_2 {:}$  More practice, more improvement  $\mathsf{D}_2 {:}$  Another boost from reminiscence

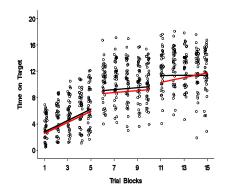
D<sub>3</sub>: No additional benefit from practice

But in the sample of  $\mathsf{N}=176,$  how many individuals have a function like those based on the typical values?



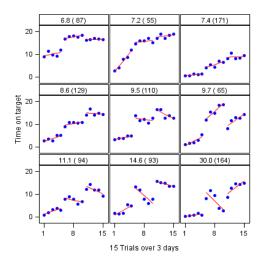
Trial Blocks

But in the sample of N = 176, how many individuals have a function like those based on the typical values? Perhaps a few. And the curve of the typical values is just one "person's" curve.



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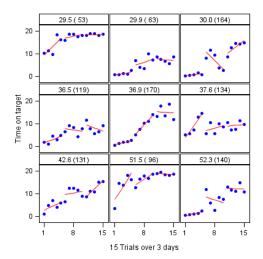
Always there are many other interesting patterns such, as these . . .



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. . . and these



- If research with a subject-specific models is to pay off, we should do business differently than we did with statistics that work on the mean profile
- At the least we should be taking advantage of the new kind of information available in models like the RCM
- Thurstone's study on learning equations is a kind of template
  - $\Diamond$  Approach the problem at the individual level
    - + For example, want a function that works well with majority of individuals

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- $\dagger$  Not the same as saying the function has the best overall AIC or LnL
- $\Diamond$  Try several response functions linear misses a lot of valuable science
- $\Diamond$  Consider criteria for inclusion and exclusion to homogenize the sample
- ♦ Trellis displays can be hugely helpful